

Journal Pages

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Lesson 9

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Activity Sheets

Star Challenge

LESSON 9 We All Shine

Star Challenge

STAR SPARKLER CHALLENGES

CHALLENGE #1: TALK IT OUT
What do you SAY and DO to be a Star Sparkler, if...
Your friend is nervous but excited to try out for the team?

CHALLENGE #2: WRITE IT DOWN
Fill in the blanks!
Someone who encourages others to shine bright and be themselves: A Star Sparkler is someone who tries to bring others down.

CHALLENGE #3: TALK IT OUT
What do you SAY and DO to be a Star Sparkler, if...
Your friend is wearing a T-shirt of their favorite team and you know your friend loves them.

CHALLENGE #4: DO IT
Empower your friend and show them you care. Invite them to join you and your friends at the next game. "WE ARE STAR SPARKLERS!"

CHALLENGE #5: TALK IT OUT
What do you SAY and DO to be a Star Sparkler, if...
A person who doesn't have too many friends tries to hang out after school. Your friends just stare at them and walk away.

CHALLENGE #6: DO IT
Do 10 jacks and then strike a pose to show how it feels to be a Star Sparkler!

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